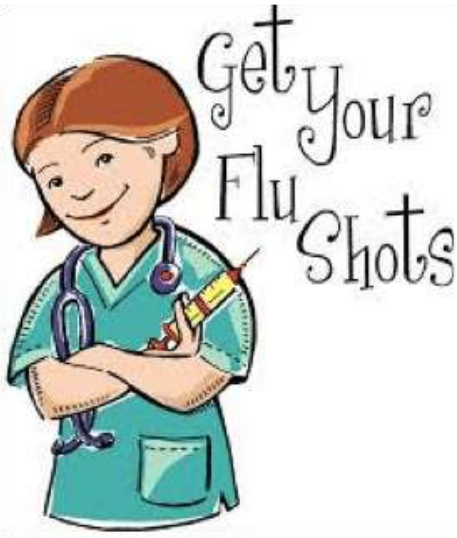
OCTOBER BIRTHDAYS



3rd Carroll Thomas (200)
6th Selmo Jaramillo (214)
8th Ken Lee (121)
12th Todd Eastman (213)
17th Bernie Wilde (205)
22nd Alex Seaton (308)
24th Skip Dunn (122)
30th Guy Estes (406)

Cathy Walters



GET YOUR FALL VACINE SHOTS

Get your fall vaccine shots. October is the best month to receive vaccines for winter virus.

The combination influenza/covid vaccine is effective but not yet approved by FDA.

There are several influenza vaccines available. Oppenheimer residents should get the high dose vaccine. There are two alternatives that are hard to find. One (Flublok) is made in cell culture instead of eggs, the other (mFlusiva) is a more effective mRNA vaccine.

And get the more effective mRNA Covid vaccine (Moderna or Pfizer) or the recombinant vaccine (Novavax).

And if you never had the respiratory syncytial virus vaccine (RSV), one shot lasts a lifetime.

Over 3 million US deaths prevented by covid vaccine. NO deaths from the current vaccines.

Richard Honsinger

NEWS FROM THE OPPENHEIMER LIBRARY (3rd floor) and BESC (Senior Center)

The Oppenheimer Library (3rd floor) is open 7 days/week for all residents and owners. New books are being added often. Magazines racks above the Large Print books are available for literature to drop off, read or take for those interested. Please do not leave anything on the table.

Book donations can be added to the boxes on the floor near the door. These are periodically sorted with books not needed in our library going to the Library bookstore.

BESC (Senior Center) book club has moved to the Mesa Library 2nd floor. It meets the 3rd Tuesday each month at 1:30 pm. The October book (Oct. 20) is Remarkably Bright Creatures by Shelby van Pelt.

BESC (Senior Center) voting has been moved to the Mesa Library 2nd floor on Nov. 3rd. Early voting will start Oct. 6th at the Los Alamos Municipal Building.

Terry 220

FROM THE SOCIAL COMMITTEE

Saturday October 10, 2026 at 5:00 PM
Happy Hour
Patio Room

Friday October 16, 2026 at 5:30 PM
Oktoberfest
Patio Room

Tuesday October 27, 2026 at 10:30 AM
Coffee Beak
Patio Room



Carol